



SWEET

Sweet and savoury croissants	2,30 €
Muffins	2,30 €
Homemade cakes	5,50 €
Lemon	
Carrot	
Fresh milk milkshakes with homemade ice	5,00 €
cream	
Chocolate	
Vanilla	
	Muffins Homemade cakes Lemon Carrot Fresh milk milkshakes with homemade ice cream Chocolate

SALTED

Iberian ham , cured cheese, loin, salchichón	3,80 €
or chorizo sausage sandwiches	
Ham and cheese croissant	4,10 €
Vegetable croissant with ham and avocado	
cereals	4,70 €
Cereal croissant with Iberian ham	4,70 €
Cereal croissant with Iberian ham and	
avocado	4,80 €
"Healthy" wholemeal toast with fresh	
cheese, natural tomato, lamb's lettuce and	4,40 €
thin slices of turkey and thin slices of turkey	
Toast of Iberian ham with tomato and oil	5.80€





SALTED

Goat cheese, honey, arugula, apple and	5,80 €
walnuts toast	
Toast with Payés bread, EVOO, avocado	5,80 €
and lime	
Toast with Payés bread, EVOO, avocado,	7.40 €.
lime and smoked salmon	7,40 C
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EGGS	

Skewered potato omelette	4,70 €
Scrambled or in French omelette to your	5,80 €
liking.	
Choose the ingredient you want and we will	

prepare them for you on the spot:

Mushrooms, rocket, Iberian ham, york ham,
cheese, turkey, tomato, avocado...

NATURAL FRUIT JUICES

Freshly squeezed natural orange juice	4,00 €
Diuret Pineapple, orange, carrot and apple	
(New)	4,50 €
Frewi: Strawberry, kiwi, banana and orange	4,50 €
Silvestre: Orange, carrot, apple, mint and	
ginger	4,50 €
Detox of apple, cucumber, spinach, lemon	4,50 €
and mango	





NATURAL FRUIT JUICES

Sativa: Banana, Mango, Orange and Apple 4,50 €

SANDWICHES AND BAGUETTES	
T&S Veggie Special with egg	9,00 €
Double decker wholemeal sandwich with	
mayonnaise, alfalfa sprouts, tomato,	
asparagus, gherkin and avocado served with	
crisps	
British Sandwich	
Tremezzino Sandwich Bread au gratin with	9,50 €
delicious Roastbeef Beef, rocket, cheddar	
cheese, gherkins, tomato and Dijon	
mayonnaise	
Mixed	6,50 €
Tremezzino bread, with ham and melted	
cheese, served with potato crisps	
Iberian Ham Baguette	9,00 €
With natural tomato and EVOO on delicious	

9,50 €

Smoked salmon Baguette

crusty baguette bread.

Thin slices of smoked salmon, fresh cheese with lamb's lettuce and AOVE on crusty baguette bread accompanied with potato chips



SANDWICHES AND BAGUETTES

Baguette with free range chicken

8,50 €

Grilled free range chicken breast with iceberg lettuce, parmesan, semi-dried tomato and caesar sauce

Pepito with Iberian secreto iberico and truffled butter

9,50 €

Crunchy sandwich with grilled iberian secreto iberico escalopines with lettuce mix, truffled butter and a touch of citrus fruits.

