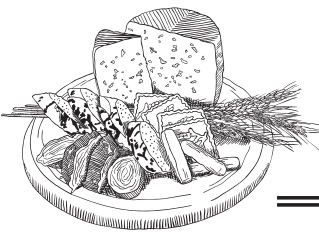


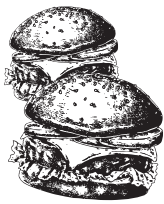
Monday to Friday from 8:00 am to 5:00 pm
Saturdays from 9:00 am to 1:00 pm

Avda. Talgo, 5
(Aravaca) Madrid



To share

Iberian ham croquettes (10 pieces)	10,00 €
T&S Nachos 	8,00 €
Baco, melted cheddar cheese, guacamole, and pico de gallo	
Quesadillas	9,00 €
Turkey, brie cheese, mushrooms, fresh spinach, and tartufatta	
Chicken tacos 	9,50 €
Pickled onion, avocado, and chipotle sauce	
Homemade chicken fingers with honey and mustard sauce	9,00 €
Fried eggs with Iberian ham	9,00 €
Patatas bravas with a touch of “all i oli”	8,00 €



Sandwiches, Baguettes and Burgers

*Add a canned soft drink for only +\$1.50

Mixed sandwich	5,50 €
Tramezzino bread with ham and melted Edam cheese	
T&S special vegetable sandwich with egg	6,50 €
Two slices of whole wheat bread with mayonnaise, tomato, asparagus, pickles, and avocado	
Club House sandwich	9,50 €
Chicken, ham, bacon, Edam cheese, iceberg lettuce, tomato, pickles, and Dijon mayonnaise with French fries	
Chicken Caesar baguette	7,50 €
Grilled chicken, iceberg lettuce, Parmesan cheese, and Caesar sauce	
Tuna Baguette	9,00 €
Egg, piquillo peppers, lettuce, piparras, and mayonnaise	
Iberian Ham and Brie Cheese Baguette	11,00 €
Iberian Ham Baguette	9,00 €
Fresh tomato spread and extra virgin olive oil	
Marinated pork bocadillo	5,00 €
Bacon bocadillo	5,00 €
French omelet or potato bocadillo	6,00 €
Manchego cheese bocadillo	5,00 €
Tuna and tomato bocadillo	6,00 €
Grilled chorizo bocadillo	6,50 €
Bacon bocadillo	6,50 €
Extra cheese	1,00 €



Healthy Dishes WITH PROTEIN

*The side dish can be replaced with salad or French fries

 Vegetable wok	11,00 €
Seasonal vegetables with vegetable protein (Heura) and sweet soy sauce	
Yakisoba noodles	11,50 €
Beef, vegetables, pak choi, and oyster sauce	
Chicken and shitake mushroom bowl	10,00 €
Brown rice, vegetables, and soy sauce	
 Grilled chicken breast	10,50 €
Lamb's lettuce salad, quinoa, and red pesto sauce	
 Chicken milanese	11,00 €
Salad, French fries, and tartar sauce	
 Grilled beef fillet	11,00 €
Marinated pork loin with fried egg	
Marinated pork loin with fried egg	9,50 €
Grilled salmon	11,90 €
Brown rice with vegetables, rocket salad, and sweet soy sauce	
 Vegetable Burger	15,00 €
Vegan tartar sauce, lettuce, pickles, avocado, and tomato on a brioche bun with French fries	
American burger	14,00 €
Bacon, cheddar cheese, pickles, avocado, lettuce with tartar sauce and barbecue sauce on a brioche bun	
Smash burger	12,50 €
Bacon, cheddar cheese, pickles, red onion, tomato, lettuce, chipotle sauce on a brioche bun with French fries	



Salads

Gourmet 	10,50 €
Mixed greens, avocado, Iberian ham, red onion, walnuts, sun-dried tomatoes, and sherry vinaigrette	
César	13,00 €
Iceberg Lettuce, grilled chicken, Parmesan cheese, croûtons, and Caesar dressing	
Salmón ahumado	13,50 €
Mixed greens, lamb's lettuce, capers, fresh cheese, red onion, and old-fashioned mustard vinaigrette	

Pokes

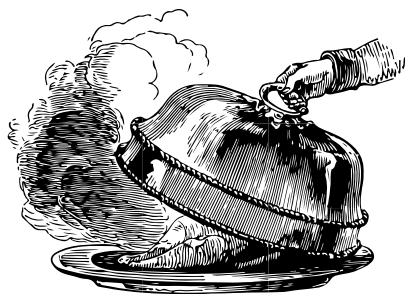


Vegetable quinoa poke 	9,00 €
Wakame seaweed, edamame, cucumber, avocado, nori seaweed, and ponzu sauce	
Hawaiian poke with fresh salmon	9,50 €
Brown rice, avocado, wakame seaweed, edamame, cucumber, and ponzu sauce	
Crispy chicken poke	9,00 €
White rice, avocado, edamame, wakame seaweed, and sweet soy sauce	

Our *Hot Dishes*

..... From PM 12:00 to PM 06:00

SOUP OR BROTH
· 3,50 € ·



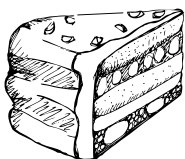
HOT DISH
· 8,50 € ·

.....
+ HOT DISH *
+ DRINK
· 10,00 € ·

.....
+ HOT DISH *
+ DRINK + COFFEE
· 10,50 € ·

..... * Ask our waiters-waitresses about
the hot dishes of the day

For those with a sweet tooth



Homemade cakes
Ask about our selection

5,50 €

Apple sablé with vanilla ice cream

6,00 €



**Chocolate coullan with
raspberry sorbet** 

6,00 €

Our ice creams and sorbets
Ask about our selection

5,50 €

MENUS

Valid until PM 5:00

**SALAD
+ SOFT DRINK**

9,50 €



**SALAD
+ DETOX JUICE**

11,00 €



**DESIGN
YOUR SALAD**

BASE +
3 TOPPINGS +
SAUCE

8,00 €



Allergen information available. Please ask our staff.

Toppings & Salads